I. COURSE INFORMATION
   A. Health and Physical Education 221 Introduction to Soccer
   B. 3 credit hours
   C. No textbook required
   D. Prerequisites: None

II. COURSE DESCRIPTION
    This course familiarizes the student with basic skills, theory, and philosophy of soccer. Both individual skills and team play are emphasized.

III. LEARNING OUTCOMES
    A. Learn Demonstrate a knowledge of the four (4) components of soccer: technical, tactical, psychological, physical
    B. Have a basic knowledge of the rules and regulations
    C. Be able to run a practice session and understand coaching terminology
    D. Develop a personal philosophy of coaching the sport of soccer
    E. Describe pre- and post-season training programs

IV. MAJOR CONTENT AREAS
    A.
    B.
    C.
    D.

V. ASSIGNMENTS (may include but are not limited to)
    A.
    B.
    C.
    D.

VI. EVALUATION METHODS (may include but are not limited to)
    A. Attendance and participation
    B. Assignments
    C. Quizzes and exams